


Non-Executive Report of the: [Health Scrutiny Subcommittee] 05/10/2017	
Report of: Denise Radley, Corporate Director, Health, Adults & Community	Classification: [Unrestricted]
Self-Care & Prevention	

Originating Officer(s)	Somen Banerjee, LBTH Director for Public Health, Karen Sugars, LBTH Acting Divisional Director Integrated Commissioning David Jones, LBTH Interim Divisional Director Adult Social Care Rahima Miah, Tower Hamlets CCG Acting Deputy Director of Integrated Commissioning
Wards affected	[All wards]

Summary

This report aims to provide the Health Scrutiny Sub-Committee with an overview of Self Care & Prevention and develop an understanding of the impact it has on residents health and social care. This report aims to:

- Set out what the self-care and prevention agenda is, detail what the benefits of this model is, and discuss how this is being implemented in LBTH.
- Develop an understanding of what the assumptions around self-care and prevention set out in the STP mean for the design of local health services.
- Discuss residents understanding of self-care and prevention. What degree of behaviour change is required for them to make an impact on health/social care sustainability?

Recommendations:

The Health Scrutiny Sub-Committee is recommended to:

1. Note the report and recommendations.

